# Fireside Friday's

Series Overview & Windows CLI Week 1

### Thanks to our sponsors!









### Special Thanks to...

- Hermon ( (h,k)
- Emily FiresSerpent
- Both gave up many late nights to help with QA and development of this content
- Very much appreciate their efforts!
- Please give them a warm "thanks" the next time you see them online

### Lab requirements for this section

- Modern Windows system
- Access to the command line (cmd.exe)



#### What this series will cover

- Networking & network security concepts
- Evaluating risk
- Network security architecture
- Network traffic control
- Network traffic monitoring
- Security testing
- Compliance and security frameworks

## Our path to get there

- Expect sessions to run for 16-20 weeks
- One hour each Friday (same bat time, same bat channel)
- Will start with the basics and build up from there
- Want this to be a holistic class that fills in gaps
- What about after week 20?
  - I'll ask you what you want to learn :-)
  - Deeper dive on specific technologies if folks are interested
  - We refer to Antisyphon if training is already established

## Why focus on secure network design?

- The network is what binds it all together
- Responsible for both functionality and security
- Challenging to troubleshoot/blue team/red team without understanding how it works
- May go down some rabbit holes when needed
  - Difference between stateful packet filtering & stateful inspection??
- But let's first start with the basics

### Today's focus is Windows

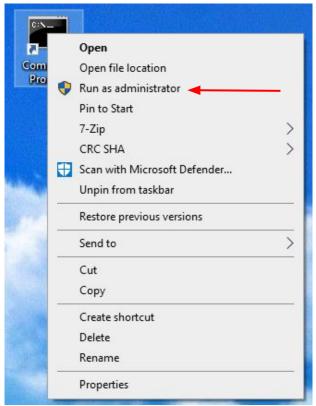
- Mostly Windows command line interface (CLI)
- Core skills needed for labs and troubleshooting
- Goal is to have folks comfortable working at the CMD

#### Run CMD as administrator

Pin to the Desktop Right click icon Select "Run as administrator"

Some tools need high level permissions

Do this if what you are trying does not seem to work



## **Basic navigation**

- dir = List contents of current directory
- cd <name> = Change directory
- cd .. = Move up 1 directory
- <tab> = Autocomplete cycle
- up/down arrow = cmd recall

```
C:\Users\cbren\dir D*
Volume in drive C is OS
 Volume Serial Number is 7643-B865
Directory of C:\Users\cbren
10/15/2024 03:16 PM
                        <DIR>
                                       Desktop
09/11/2024 09:16 AM
                        <DIR>
                                       Documents
                                       Downloads
01/11/2024 01:33 PM
                        <DIR>
               0 File(s)
                                      0 bytes
               3 Dir(s) 178,128,265,216 bytes free
C:\Users\cbren>cd Downloads
:\Users\cbren\Downloads>
```

#### Listing files and directories

- dir /s | more = Show subdirectories and files, "q" to quit
- tree | more = Show directory structure
- more <file name> = Attempt to display contents of file
  - Works best with text based files
- cls = Clear the screen
- /? or -? or /h or -h = Help with command

#### Alternate data streams

- Hidden area under the main file system
- Can be used to hide data associated with a file
- Created to be compatible with Apple file system
- Used today for metadata on downloaded files
- Can also be used to hide info on a drive

```
dir /s /r | findstr /e ":$DATA"
```

## Working with alternate streams

```
C:\temp>echo This is a regular file > foo.txt
C:\temp>echo This is hidden data beneath the file > foo.txt:hiddenstuff.txt
C:\temp>dir
Volume in drive C is OS
Volume Serial Number is 7643-B865
Directory of C:\temp
01/10/2025 10:32 AM
                       <DIR>
01/10/2025 10:32 AM
                       (DTR>
                                   25 foo.txt
01/10/2025 10:32 AM
              1 File(s)
                                    25 bytes
              2 Dir(s) 150,867,775,488 bytes free
C:\temp>type foo.txt
This is a regular file
C:\temp>dir /r
Volume in drive C is OS
Volume Serial Number is 7643-B865
Directory of C:\temp
01/10/2025 10:32 AM
                       <DIR>
01/10/2025 10:32 AM
                       <DIR>
01/10/2025 10:32 AM
                                   25 foo.txt
                                   39 foo.txt:hiddenstuff.txt:$DATA
              1 File(s)
                                    25 bytes
              2 Dir(s) 150,865,502,208 bytes free
C:\temp>
```

#### How do I see that data?

```
C:\temp>type foo.txt:hiddenstuff.txt
The filename, directory name, or volume label syntax is incorrect.
C:\temp>more foo.txt:hiddenstuff.txt
Cannot access file C:\temp\foo.txt:hiddenstuff.txt
C:\temp>more < foo.txt:hiddenstuff.txt
This is hidden data beneath the file
C:\temp>
```

"notepad foo.txt:hiddenstuff.txt" works as well
The Sysinternals toolkit has some useful ADS tools

## taskmgr - What's running on my system?

Processes Performance App history	Startup Users Details	Services							
^ Name	Status	19% CPU	55% Memory	0% Disk	0% Network	2% GPU	GPU engine	Power usage	Power usage t.
	Status	CFO	ivierriory	DISK	TACEMOIR	GFO	or o engine	Power usage	rower usage t.
Apps (9)								Total Control of the Control	- Contract
> 🍪 Firefox (26)		14.2%	8,992.2 MB	0.2 MB/s	0 Mbps	0%	GPU 0 - 3D	Very high	Low
> 🧑 Google Chrome (16)		0.1%	1,000.9 MB	0.1 MB/s	0 Mbps	0%	GPU 0 - 3D	Very low	Very low
> Motepad		0%	0.2 MB	0 MB/s	0 Mbps	0%		Very low	Very low
> 🌞 Slack (6)		0%	415.8 MB	0 MB/s	0.1 Mbps	0%		Very low	Very low
> MarTTY (32 bit)		0%	13.3 MB	0 MB/s	0 Mbps	0%		Very low	Very low
> 🧣 Snipping Tool		0.1%	3.0 MB	0 MB/s	0 Mbps	0%		Very low	Very Iow
> 🌠 Task Manager		0.2%	33.0 MB	0 MB/s	0 Mbps	0%		Very low	Very low
> 🦸 VirtualBox Virtual Machine		0.8%	88.4 MB	0.3 MB/s	0 Mbps	0%		Low	Very low
> Windows Command Processor		0%	2.0 MB	0 MB/s	0 Mbps	0%		Very low	Very low
Background processes (149)									

## What's loading at boot?



## tasklist - View running processes

Image Name	PID	Session Name	Session#	Mem Usage
===========	======	=======================================	========	========
System Idle Process	0	Services	0	8 K
System	4	Services	0	6,032 K
Registry	172	Services	0	67,056 K
smss.exe	632	Services	0	316 K
csrss.exe	880	Services	0	3,100 K
wininit.exe	984	Services	0	1,036 K
csrss.exe	992	Console	1	4,796 K
services.exe	656	Services	0	7,928 K
lsass.exe	684	Services	0	17,956 K
svchost.exe	1132	Services	0	53,352 K
WUDFHost.exe	1168	Services	0	1,848 K
fontdrvhost.exe	1200	Services	0	1,672 K
winlogon.exe	1208	Console	1	6,456 K
fontdrvhost.exe	1312	Console	1	5,236 K
svchost.exe	1380	Services	0	20,352 K
svchost.exe	1436	Services	0	3,688 K
svchost.exe	1564	Services	0	6,752 K
svchost.exe	1572	Services	0	2,240 K
svchost.exe	1580	Services	0	4,032 K

## Finding sub processes

```
c:\Users\cbren>tasklist /svc | find "lsass.exe"
lsass.exe 684 KeyIso, SamSs, VaultSvc
c:\Users\cbren>
```

## IP info with ipconfig

```
c:\Users\cbren>ipconfig /all | more
Windows IP Configuration
  Host Name . . . . . . . . . . . . . . DESKTOP-A6HJKR2
  Primary Dns Suffix . . . . . :
  Node Type . . . . . . . . . . . . . . . . . . Hybrid
  IP Routing Enabled. . . . . . . . No
  WINS Proxy Enabled. . . . . . : No
  DNS Suffix Search List. . . . . : honestimnotevil.com
Ethernet adapter Ethernet:
  Media State . . . . . . . . . . . . Media disconnected
  Connection-specific DNS Suffix . : honestimnotevil.com
  Description . . . . . . . . . . . Killer E2600 Gigabit Ethernet Controller
  DHCP Enabled. . . . . . . . . . . Yes
  Autoconfiguration Enabled . . . . : Yes
```

## Cached DNS queries with ipconfig

```
c:\Users\cbren>ipconfig /displaydns | find "Record Name"
   Record Name . . . . : cmp2-atl3.steamserver.net
   Record Name . . . . : cs767.wpc.epsiloncdn.net
   Record Name . . . . : cs767.wpc.epsiloncdn.net
   Record Name . . . . : cs1404.wpc.epsiloncdn.net
   Record Name . . . . : cs1404.wpc.epsiloncdn.net
   Record Name . . . . : cmp2-iad1.steamserver.net
   Record Name . . . . : stk.protechts.net
   Record Name . . . . : ipv4only.arpa
   Record Name . . . . : ipv4only.arpa
   Record Name . . . . : inbound-weighted.protechts.net
   Record Name . . . . : mozilla.cloudflare-dns.com
   Record Name . . . . : mozilla.cloudflare-dns.com
   Record Name . . . . : 48.33.1.23.in-addr.arpa
   Record Name . . . . : 184.1.114.170.in-addr.arpa
   Record Name . . . . : cmp1-atl3.steamserver.net
   Record Name . . . . : 41.35.53.23.in-addr.arpa
   Record Name . . . . : e2c50.gcp.gvt2.com
   Record Name . . . . : collector-pxdojv695v.protechts.net
   Record Name . . . . : inbound-weighted.protechts.net
   Record Name . . . . : 228.4.114.170.in-addr.arpa
   Record Name . . . . : 201.21.253.17.in-addr.arpa
```

#### Interfaces & networks with netstat

```
c:\Users\cbren>netstat -rn | more
Interface List
21...a4 bb 6d c7 55 b7 ......Killer E2600 Gigabit Ethernet Controller
16...0a 00 27 00 00 10 ......VirtualBox Host-Only Ethernet Adapter
 6...78 2b 46 37 af d3 .....Microsoft Wi-Fi Direct Virtual Adapter
15...7a 2b 46 37 af d2 ......Microsoft Wi-Fi Direct Virtual Adapter #2
20...00 50 56 c0 00 01 ......VMware Virtual Ethernet Adapter for VMnet1
17...00 50 56 c0 00 08 ......VMware Virtual Ethernet Adapter for VMnet8
 4...78 2b 46 37 af d2 .....Killer(R) Wi-Fi 6 AX1650i 160MHz Wireless Network
 7...78 2b 46 37 af d6 ......Bluetooth Device (Personal Area Network)
  1.....Software Loopback Interface 1
IPv4 Route Table
Active Routes:
Network Destination
                          Netmask
                                                        Interface Metric
                                           Gateway
                                      192.168.69.1
         0.0.0.0
                          0.0.0.0
                                                    192,168,69,223
       127.0.0.0
                       255.0.0.0
                                         On-link
                                                                      331
                                                         127.0.0.1
       127.0.0.1 255.255.255.255
                                         On-link
                                                         127.0.0.1
                                                                      331
                                         On-link
  127.255.255.255 255.255.255.255
                                                         127.0.0.1
                                                                      331
     192.168.56.0
                    255, 255, 255, 0
                                         On-link
                                                      192.168.56.1
                                                                      281
                                         On-link
     192.168.56.1 255.255.255.255
                                                      192.168.56.1
                                                                      281
   192.168.56.255 255.255.255.255
                                         On-link
                                                      192.168.56.1
                                                                      281
```

### What ports are open with netstat

```
c:\Users\cbren>netstat -an
Active Connections
  Proto Local Address
                             Foreign Address
                                                    State
  TCP 0.0.0.0:135
                              0.0.0.0:0
                                                    LISTENING
  TCP 0.0.0.0:445
                              0.0.0.0:0
                                                    LISTENING
  TCP
      0.0.0.0:903
                              0.0.0.0:0
                                                    LISTENING
  TCP
      0.0.0.0:913
                              0.0.0.0:0
                                                    LISTENING
  TCP
                                                    LISTENING
      0.0.0.0:1844
                              0.0.0.0:0
  TCP 0.0.0.0:5040
                              0.0.0.0:0
                                                    LISTENING
  TCP
      0.0.0.0:5357
                              0.0.0.0:0
                                                    LISTENING
  TCP
       0.0.0.0:5426
                              0.0.0.0:0
                                                    LISTENING
  TCP
        0.0.0.0:27036
                              0.0.0.0:0
                                                    LISTENING
  TCP
      0.0.0.0:28198
                              0.0.0.0:0
                                                    LISTENING
                                                    LISTENING
  TCP
        0.0.0.0:49664
                              0.0.0.0:0
  TCP
        0.0.0.0:49665
                              0.0.0.0:0
                                                    LISTENING
```

## Firewall settings with netsh

c:\Users\cbren>netsh advfirewall show allprofiles | more Domain Profile Settings: OFF State Firewall Policy BlockInbound, AllowOutbound LocalFirewallRules N/A (GPO-store only) LocalConSecRules N/A (GPO-store only) InboundUserNotification Enable RemoteManagement Disable UnicastResponseToMulticast Fnable. Logging: LogAllowedConnections Disable LogDroppedConnections Disable FileName %systemroot%\system32\LogFiles\Firewall\pfirewall.log MaxFileSize 4096 Private Profile Settings:

## Finding local systems with arp

```
c:\Users\cbren>arp -a
                       more
Interface: 192.168.69.223 --- 0x4
  Internet Address
                       Physical Address
                                             Type
                                             dynamic
 192.168.69.1
                       84-47-09-33-71-db
 192.168.69.11
                       68-1d-ef-34-f6-2e
                                             dynamic
                                             dynamic
  192.168.69.16
                       02-60-2d-56-eb-bb
                                             dynamic
 192.168.69.144
                       84-ea-ed-8f-a2-2e
                                             dynamic
 192.168.69.179
                       d4-31-27-4e-46-d5
 192.168.69.204
                                             dynamic
                       bc-24-11-8b-13-61
 192.168.69.224
                                             dynamic
                       d8-31-34-32-a9-4a
  192.168.69.255
                       ff-ff-ff-ff-ff
                                             static
  224.0.0.22
                       01-00-5e-00-00-16
                                             static
  224.0.0.251
                       01-00-5e-00-00-fb
                                             static
  239.255.255.250
                       01-00-5e-7f-ff-fa
                                             static
  255.255.255.255
                       ff-ff-ff-ff-ff
                                             static
Interface: 192.168.56.1 --- 0x10
  Internet Address
                       Physical Address
                                             Type
                       ff-ff-ff-ff-ff
                                             static
 192.168.56.255
  224.0.0.22
                                             static
                       01-00-5e-00-00-16
```

## Check connectivity with ping

```
c:\Users\cbren>ping 192.168.69.1
Pinging 192.168.69.1 with 32 bytes of data:
Reply from 192.168.69.1: bytes=32 time=1ms TTL=64
Ping statistics for 192.168.69.1:
    Packets: Sent = 4, Received = 4, Lost = 0 (0% loss),
Approximate round trip times in milli-seconds:
   Minimum = 1ms, Maximum = 1ms, Average = 1ms
c:\Users\cbren>
```

#### Check networks with tracert

Trace complete.

```
c:\Users\cbren>tracert www.google.com
Tracing route to www.google.com [142.250.189.132]
over a maximum of 30 hops:
                            fw.honestimnotevil.com [192.168.69.1]
       1 ms
              1 ms
                      <1 ms
       2 ms 2 ms 1 ms
                            192.168.0.1
      14 ms
               6 ms 4 ms
                            ftmy-dsl-gw05.ftmy.qwest.net [75.160.85.21]
 4
       6 ms 3 ms 3 ms 75.160.84.161
                            ae3.edge6.mia1.sp.lumen.tech [4.68.127.81]
              26 ms
                            Request timed out.
 6
                      25 ms 142.250.161.84
      13 ms
              10 ms
      13 ms 10 ms
                      10 ms 216.239.63.147
      10 ms 9 ms 9 ms 142.251.68.235
 10
      11 ms 9 ms
                      11 ms
                            mia09s26-in-f4.1e100.net [142.250.189.132]
```

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## Wrap up

- Thank you for attending!
- Certs & video usually go out in 24 hours
- If you have any lingering questions, the Discord channel will remain active
  - Also a good chance to socialize with others in the class
  - Have other tips and tricks? Please share with others!
  - Posting screenshots can be helpful :-)